



Insights

(Newsletter of RAK Medical and Health Sciences University)

Issue : Biannual

September 2019

10th RAKMHSU Student Scientific Conference

The 10th RAKMHSU Student's Scientific Conference was organized by the Office of Students Affairs on 1st May, 2019. It showcased the recent trends and developments in the field of medical and health sciences. This event provides an opportunity to the students to present their research in front of the experts. This year 57 research projects were presented by the students as oral/poster presentations, in addition to video competition and "Innovation @ RAKMHSU" competition. Winners were awarded with a certificate and prize money.



Winners of the Conference with the President, Dr. G.M. Rao, CAO, Dr. Debadutta, Chief guest, Dr. Stephannie Thomas and Dean of Student Affairs, Dr. Manal Mahmoud



Chief Guest: Mr. Abdulla Bin Souqat Executive Director, Sheikh Hamdan Bin Rashid Al Maktoum Award for Medical Sciences



Chief Guest for the event was Mr. Abdulla Bin Sougat, Executive Director, Sheikh Hamdan Bin Rashid Al Maktoum Award for Medical Sciences Dr. Shereen Hamada, Senior Medical Coordinator, Sheikh Hamdan Bin Rashid Al Maktoum Award for Medical Sciences

The key note Speakers at the conference were Dr. Suad Hannawi, Deputy Chairman of the Central Research Ethic Committee (REC) of the MOHAP, Chairman of the Rheumatology Committee of MOHAP, Chairman of Dubai Health District REC and Dr. Khaled Greish, Associate Professor of Molecular Medicine and Head of the Nano-Research Unit, at Princess Al Jawhara Center, Gulf Arabian University, Bahrain



Anticlockwise from the left: Guest Judge Dr. Stephanie Thomas,, Dr. Shereen Hamada Keynote Speakers Dr. Khaled Greish (Center) and Dr. Suad Hannawi, (right) with the President Dr. G.M. Rao, CAO, Dr. Debadatta Panigrahi and Dean Student Affairs, Dr. Manal Mahmoud Sami.



**Conference
organizing Committee
Members with the
President
Dr. G.M. Rao, CAO,
Dr. Debadatta
Panigrahi, the
Chief Judge
Dr. Stephanie Thomas
and
Dr. Shereen Hamada**



**The cheerful
Presenters with the
Judges!**

Annual Awards Day



A much-awaited event at RAKMHSU is the Annual Awards Day, when the academic and co-curricular efforts of the students, faculty and staff are acknowledged.

This year 172 students /faculty/staff were awarded. The faculty and staff members who completed 10 years of service at RAKMHSU were also given Certificates of Appreciation. Academic Honors Award as well as for the co-curricular activities were given to all the students from the four constituent Colleges for the Academic Year 2017-2018.

Dr. Abdulla Al Nuaimi -Director, RAK Medical District, MOHAP, was invited as the Guest of Honor.



Guest of Honor
Dr. Abdullah Al Nuaimi,
Director, RAK Medical
District, MOHAP, and
President, Dr. G.M. Rao
with the recipients of
'Certificates of
Appreciation' for
completing 10 years of
service' at RAKMHSU

Installation of the Student Council



The 'Oath Taking
Ceremony' of the new
members of the
RAKMHSU Student
Council was held on
17th January, 2019.
At the same time, the
outgoing Student Council
members were honored
for their contribution to
the University during
their term

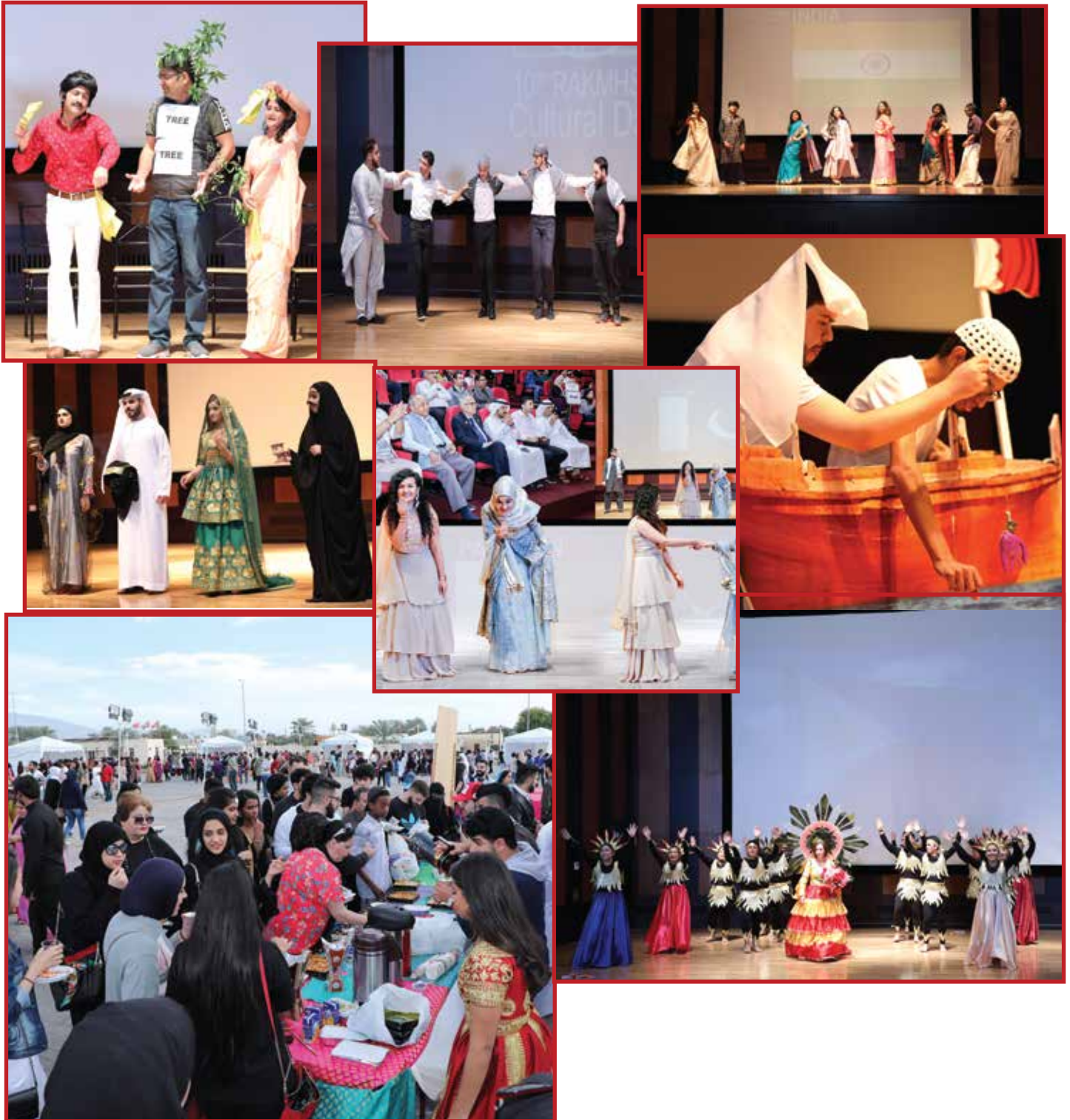
Cultural Day

The eagerly anticipated event of university, the Cultural Day, was celebrated on 18th February, 2019 amidst the multicultural environment of RAKMHSU, which is melting pot of students from more than 40 and faculty from more than 20 nationalities. The event was organized by the students with the support of Office of Student Affairs. It was a day full of colorful costumes and enthusiastic and stunning performances in the form of dances, songs, poetry and skits by students and faculty. Stalls were put up in the campus to serve delicacies from around the world which were thoroughly enjoyed by everyone present.





Glimpses of the Cultural Day – the indoor and outdoor celebrations by the students and faculty at RAKMHSU



"A friend is someone who knows all about you and still loves you."

— Elbert Hubbard



UAE Innovation Month: MOHAP Health Campaign- Innovate for Health

In connection with the UAE Innovation Month, RAKMHSU organized a community health program with the theme "Innovate for Health" on Friday, 15th February, 2019 from 2.00 to 9.00 pm at Manar Mall targeting the general public. Approximately 110 students and faculty from the four constituent colleges of the University actively volunteered for the campaign. The students were professionally trained and supervised by expert faculty members and comprehensive, relevant posters/models/leaflets/roll-ups /power point presentations were prepared for demonstration.



Community Outreach Activities conducted by the faculty and students of RAKMHSU at Manar Mall

Traffic Sector Strategy

A session was conducted on Traffic Sector strategy by Maj. Gen. Engineer Counselor Mohammed Saif Al Zafeen Al Muhairi, Assistant Commander of Operations, and President of the Federal Traffic Council, on 'Road Safety' on 05th May, 2019. This session brought awareness about traffic rules and safety methods in UAE among the faculty, staff and students. The audience asked questions which were satisfactorily answered by Maj. Gen. Al Muhairi.

"I can't give you a sure-fire formula for success, but I can give you a formula for failure: try to please everybody all the time."

-Herbert Bayard Swope



Achievements of faculty of RAKCOMS

1. Dr. Imran, Associate Professor in the Department of Internal Medicine, RAKMHSU, was awarded Fellowship (FRCP) of the Royal College of Physicians (London) on 1st May, 2019.
2. Dr Hafiz has been chosen as member of UAE National ASP (Antibiotic Stewardship program) Committee and to participate in monthly board subcommittee meetings held at Sheikh Rashid hospital, Dubai.
3. Dr. Godfred Antony Menezes, Associate Professor, Department of Medical Microbiology and Immunology was invited as a speaker at the Infectious Diseases and Vaccination – International Conference in Dubai on 25th April, 2019. Dr. Godfred was also selected as a member of the National AMR Surveillance Sub-Committee from 2019 onwards.
4. Dept. of Medical Microbiology & Immunology in collaboration with CEDAR, RAKMHSU and Saqr Hospital organized a Conference and Interactive Session (Hands-on Workshop) on INFECTION PREVENTION AND CONTROL from 2nd – 3rd May, 2019.
5. Department of Microbiology in collaboration with Saqr Hospital organized an ICTC (Infection Control Training Certification) Program for the 2nd year MBBS students on 18th April, 2019.

Publications:

1. Dr Hafiz's article was featured in the elite - Arab Health Magazine - 2019 on "Opportunistic infections in Immunocompromised and infection control Challenges" <https://www.arabhealthonline.com/magazine/en/latest-issue/2019-show-issue.html>

Honours/Awards/Invited talks/Conferences (2019)

1. Dr. Hafiz was selected as Judge Judging panel (Biology) at the 7th annual Undergraduate Research Competition conducted by Abu Dhabi University with 260 presentations from 41 countries across the GCC held on 29th April, 2019
2. Dr. Hafiz represented RAKMHSU at Sheikh Zayed University, Dubai and was selected as speaker on "Promoting Research Through University-Industry Collaboration and Real Time Scientific Teaching" at QS Maple 2019- 9th annual Strategic Summit for the advancement of University Excellence in all forms, held from 22nd -25th April
3. Dr. Hafiz delivered an Invited talk on "Rapid Molecular Diagnostics & Antibiotic Stewardship" at Current Trends in Biotechnology (CTBT-2019), 5th Life Science Research Conference, held from 10th -11th April, 2019, at Manipal Academy of Higher Education, Dubai Campus

Faculty Supervisor & Student Mentor (2018-2019):

1. Dr. Hafiz supervised 4th Year MBBS student Ms. Syeda Sana Sultana won First prize in 10th RAMHSU student scientific conference held on 1st May 2019, titled "The etiology and antibiogram of urinary tract infections in pediatric population".
2. Dr. Hafiz & Dr. Juma supervised BDS student Ms. Mehria Wazin won Second Prize in open research competition - Current Trends in Biotechnology. Manipal University, Dubai held on 11-12th April 2019 titled "Antimicrobial activity of Propolis on oral pathogens"

"In three words I can sum up everything I've learned about life: it goes on."

— Robert Frost



RAKCODS Wins the UAE Dental Colleges' Annual International Student Competition - AEEDC 2019

RAK College of Dental Sciences (RAKCODS) participated in the student competition of the Annual International Dental Conference & Exhibition (AEEDC) held from 5th -7th February, 2019. The team had 5 zealous participants: Ms. Noor Al Alawi, Mr. Ahmed Dergham, Ms. Rayan Emad, Ms. Farida Fouly, and Ms. Samah Rady. These participants were guided by Dr. Mohannad Nassar and the rest of the faculty, aptly. A total of 18 well known colleges from all over the UAE, KSA, Russia, Egypt and Lebanon, competed in this event. Among the dental colleges of UAE, RAKCODS was the only one to reach to the semi-final round of the event.



RAKCODS Wins the First Place at the 7th ISDC Dental Olympics

In the academic year 2018-19, RAKCODS took part in the Dental Olympics Competition of the 7th International Students' Dental Conference, held from 10th-11th February, 2019 in the University of Sharjah, UAE. The competition was conducted in five stages including radiographic interpretation skills, suturing skill, orthodontic wire bending, resin composite restoration and PFM crown preparation. RAKCODS won the first position by scoring the highest mark in all the stages.

Innovations in Health- Hackathon, 2019

As a part of UAE Innovation Month celebration, the "Innovations in Health" Hackathon event took place in the main office of the Ministry of Health and Prevention (MOHAP), Sharjah, on the 27th and 28th of February, 2019. Among the competitors, Dr. Yousuf Al Zaki and Mr. Ahmad Dergham from RAKCODS had teamed up to participate in this event. Their project was titled as "Shefa'i", an app that manages patient descriptions with an optical character recognition technology. Their project successfully scored second place among other competing healthcare college students as well as different biomedical and engineering company members from all across the UAE. The team was rewarded a cheque of 10,000 AED, in addition to recognition for RAKCODS.





MOU between RAKMHSU and Azerbaijan Medical University (AMU)

An official MOU was signed between RAKMHSU and Azerbaijan Medical University (AMU) in June 2018. This MOU allowed an opportunity to organize a winter clinical training program for The RAKCODS students under the supervision of Dr. Sabrin Ali Azim. A total of 22 students attended this program where they attend the lecture and courses organized by the OMFS and Implantology departments of AMU. The highlight of the event along with the interview of Dr. Sabrin was broadcast in the Azerbaijan National TV Channel and the news of these visits was published on the official AMU website.



Symposium on Dental Ergonomics



A symposium on “Dental Ergonomics” was organized by The Continuing Dental Education team of RAKCODS on 2nd February, 2019. Dr. Penelope Jones was invited for this fruitful symposium on the importance of keeping the back and the rest of the body healthy while practicing dentistry. Dr. Jones gave an informative lecture on good working posture and also conducted a demonstration on how to organize the muscles, pelvis and ‘integrated core’ while working in a dental office using ergonomic chairs. There was also a

lesson on how to adjust the sitting position in order to maximize benefits while using magnification loupes or the microscope. Around 50 students and faculty members utilized this opportunity to learn more about and address their incorrect postural habits. The symposium was concluded with an interactive question and answer session, followed by a high tea.

Special Lecture on Endodontics

The Continuing Dental Education team of RAKCODS organized a special lecture on Endodontics on campus on the 5th March, 2019. On this occasion, Dr. Mohamed Jamal from Mohammed bin Rashid University of Medical and Health Sciences (MBRU) presented a talk on “Schilder’s Concepts in Cleaning, Shaping and Obturating Curved Canals.” Around 100 students, interns and doctors registered to attend this



enlightening discussion. Dr. Jamal provided useful tips on performing good root canal treatment procedures on teeth with curved canals, and also shared his cases.

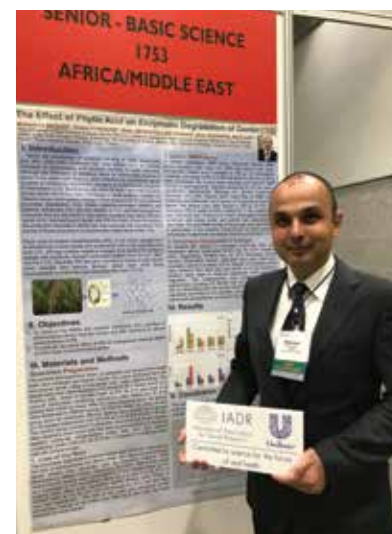


World Oral Health Day & RAKCODS Dental Olympics

RAKCODS arranged a special extravaganza in order to celebrate the World Oral Health Day from the 19th-21st of March, 2019. The program included outdoor students' activities such as sports activities, henna painting as well as oral screenings arranged by the volunteers. Students from the RAK modern school joined us in the celebrations. Along with this, the continuing dental education committee of RAKCODS arranged the first RAKCODS Dental Olympics which took place in the college from March 19th to 21st (20th), 2019. Fifty students participated in competitions like "Radiology Genius", "Master of Resin Composite", "Wire Bending King", "Crowned King" and "Suturing Specialist" where the students displayed their skills and talents. The event was concluded on the 21st of March with the award ceremony where the winners of all the competitions and the organizers & volunteers were given certificates and enticing prizes.

IADR Unilever Hatton Award, 2019

Dr. Mohannad Nassar, Assistant Professor of Operative Dentistry & Endodontics has been nominated for the International Association for Dental Research (IADR) Unilever Hatton Award, 2019 as a candidate from the UAE. IADR is the largest and most prestigious association in the world for dental research. The IADR Unilever Hatton Competition and Awards is designed to provide an opportunity for the best junior investigators from all IADR Divisions and Sections to present their research at the annual IADR General Session from 19th -22nd June, 2019, in Vancouver, BC, Canada.



Laurels for RAKCODS from Ministry of Tolerance, UAE

Mr. Atiq ur Rehman Head of Administration and Marketing received a trophy on from H.E. Sheikh Nahyan bin Mubarak Al Nahyan, Minister of Tolerance UAE, on behalf of RAKCODS for sponsoring the Dental and Rehabilitation Centre at the Pakistan Association, Dubai on 28th March, 2019.

Publications by RAKCODS Faculty

1. Feroze Kalhor, Sikander Munir Memon, Jodat Askari, Hussain Dhia, Hareb Mo-i. "An Evaluation of Rubber Dam Acceptability by Dental Practitioners in RAKCODS"; Annals of Liaquat University of Medical & Health Sciences 2019
2. Jodat Askari, Feroze Kalhor, Sikander Munir Memon and Batool Abdus Samad. "Awareness of use and Prescription of Antibiotics amongst Students and Interns in RAKCODS Clinics"; Annals of Liaquat University of Medical & Health Sciences 2019

Presentations by RAKCODS Faculty

1. Dr. Sabrin Ali Azim. "The quality of life in patients after simple and surgical extraction" presented in 13th international congress with EACMFS Endorsement on April 24th -28th in Turkey
2. Dr. Nur Hatab. "Effect of intramuscular and sub-mucosal Dexamethadone injection after lower third molar surgical extraction" presented in 24th international conference on oral and maxillofacial surgery on May 21st -24th in Rio De Janeiro, Brazil.



Fourth Abu Dhabi Pharmacy Conference (ADPhaC) Innovations in Pharmacy -2019

Dr. Areeg Anwar Ali and Dr. Sirajunisa Talath attended the Fourth Abu Dhabi Pharmacy Conference (ADPhaC): Innovations in Pharmacy, held at Jumeirah at Etihad towers, Abu Dhabi from 25th -26th April, 2019. The conference (ADPhaC), was organized & hosted by SEHA Abu Dhabi Health Services in collaboration with the Department of Health, Abu Dhabi and Cleveland Clinic Abu Dhabi. The ADPhaC focused mainly on the recent updates on the Innovation in Pharmacy Education and teaching methodology.

International Student Exchange Program: 2018-2019

A total of nine final year Pharm D students from College of Pharmacy, Midwestern University, Chicago, USA and Wingate University, North Carolina, USA visited RAK College of Pharmaceutical Sciences, RAK Medical and Health Sciences university from the 10th -18th of April, 2019, as a part of International Student Exchange Program. During the exchange program Students were posted in the Internal Medicine department, Nephrology and Hospital Pharmacy departments during their visit. In addition, separate industrial attachment to Dabur Pharmaceuticals, Ras Al Khaimah was also arranged. Students had interactive sessions with B. Pharm and M.S students of RAKCOPS during their visit and exchanged their professional and personal experiences during a presentation. Students appreciated the faculty, facilities, training and mainly the friendly atmosphere, which the college of provides for the students and guests.



Practice School Community - Orientation Program for Preceptors



International Symposium on “Updates Cardiology for the Inter Professional Team: A Continuing Education Symposium”

RAK College of Pharmaceutical Sciences (RAKCOPS), conducted a one-day International Symposium on Thursday, 11th April, 2019. The goal of the conference was to update pharmacists & health care professionals on new developments and updates in the field of cardiology and the role of Inter professional team. A total of 70 invited delegates from the constituent colleges of RAK Medical and Health Sciences University, Gulf Medical University and Pharm. D



students from Midwestern University, Chicago, USA and Wingate University School of Pharmacy Wingate, North Carolina, USA along with invited health care professionals from hospitals and pharmacists from Ministry of Health and Prevention participated in the symposium. Dr. Sally A Arif, Associate Professor of Pharmacy Practice, Midwestern University, Chicago, USA addressed on “Global Burden of Heart Disease & Diabetes and the Inter Professional Team” and “Updates in Hypertension and Cholesterol Management”. Dr. Raghavendra Bhat, Professor RAK College of Medical Sciences, RAK Medical & Health Sciences University delivered a lecture on ‘Updates in Metabolic Syndrome Management’. Dr. Priyalatha, Assistant Professor RAK College of Nursing, RAK Medical & Health Sciences University addressed on “Caring for the Cardiac Patient: A nursing perspective”. Dr. Lisa F. Brennan, Assistant Professor of Pharmacy Practice, Wingate University School of Pharmacy Wingate, North Carolina, USA spoke on Updates in diabetes and cardiovascular risk followed by an interactive workshop. Dr. Padma GM Rao, Dean RAK College of Pharmaceutical Sciences welcomed the gathering. Dr. S. Gurumadhva Rao, President RAK Medical and Health Sciences University delivered the inaugural address. Dr. Venkat Ramesh, Chairperson, Dept. of Pharmaceutics and Dr. Bhoomendra Bhongade, Chairperson(I/C), Dept. of Pharmaceutical chemistry chaired the sessions.

Practice School Community - Orientation Program for Preceptors

The orientation program for preceptors was organized by the Department of Clinical Pharmacy & Pharmacology, RAKCOPS on 14th March, 2019. Many preceptors from different Primary Healthcare Centers (PHCs) situated in Ras Al Khaimah attended this program. The main purpose of this program was to orient them about the Practice School- Community and their roles and responsibilities. This program was organized in view of Practice School- Community for B. Pharm final year students. The program was initiated by the inaugural address by Dr. Padma GM Rao, Dean, RAKCOPS



followed by various sessions at Practice School- Community including learning outcomes, role of a preceptor, faculty coordinator and evaluation scheme and Students' PHC rotation schedule and assigned activities delivered by faculty of the department. The program was concluded with a vote of thanks.



RAKCOPS Bags Three Prizes at DUPHAT-2019



The undergraduate students of RAKCOPS won three prizes during Dubai International Pharmaceutical and Technologies Conference and Exhibition (DUPHAT) which was held from 26th-28th February, 2019. 19 posters and 07 oral presentations were given by the faculty and students.

Title	Author	Co-author	Faculty Supervisor	Category	Position
The application of Artificial intelligence in pharmacy and patient care	Ghattas Saad AbuDawoud	1. Mustafa Mohammed Baraa 2. Younes Mahmoud	Dr. Syed Arman Rabbani	Best Oral Presentation	3 rd
Cancer Immune Therapy (Check Point Inhibitors)	Zoubida Zagan	1. Marwa azzam aljamal 2. Shatha Sweileh	Dr. Omar Sarheed	Best Student Innovative Poster	3 rd
Study on Knowledge and Practice related to Inherited Genetic Disorders among Health Science University Students in Ras Al Khaimah	Mais Mosad	1. Mahnoush Ahmad Shabani	Dr. Javedh Shareef & Dr. Sathvik B. Sridhar	Best Student Poster Presentation	4 th

"The first step toward success is taken when you refuse to be a captive of the environment in which you first find yourself."

-Mark Caine



RAKCOPS Representation at 4th Regional Pharmacy Faculty Development Workshop on Experiential Education

Dr. Shahnaz Usman, Dr. Sathvik B. Sridhar, Dr. Syed Arman Rabbani and Ms. Fasiha, faculty of RAKCOPS attended the 4th Regional Pharmacy Faculty Development Workshop on "Taking Your Experiential Education Program To The Next Level". The workshop was organized by the Al Ain University of Science and Technology (AAU) in conjunction with Commission for Academic Accreditation in Ministry of Education (CAA), Accreditation Council for Pharmacy Education (ACPE) and American Association of Colleges of Pharmacy at Al Ain University of Science and Technology, Abu Dhabi, UAE from 3rd-5th March, 2019



Continuing Professional Development Workshops Conducted by RAKCOPS Faculty

1. Dr. Sathvik B. Sridhar, Associate Professor and Dr. Syed Arman Rabbani, Assistant Professor from Dept. Of Clinical Pharmacy & Pharmacology, RAK College of Pharmaceutical sciences, Conducted Workshop on "Rational Drug Use - Antibiotics" organized by Pharmacy Department, Primary Health Care Centre, RAK Medical District, Ministry of Health and Prevention, Double Tree Hilton, Ras Al Khaimah, UAE on 13th March 2019. The workshop was attended by officials from MOHAP, physicians, nurses, pharmacists, assistant pharmacists, and representatives from pharmaceutical companies.



2. Dr. Sathvik B. Sridhar Conducted a workshop on "Detecting, Monitoring, Reporting & Assessment of Adverse Drug Reactions" on Thursday 18th of April 2019 for Healthcare Professionals by Ibrahim Bin Hamad Obaidallah Hospital, Ras Al Khaimah, UAE. The workshop was organized by quality control department of the hospital. The workshop was attended by physicians, pharmacists, nurses, and quality control officials from Ibrahim Bin Hamad Obaidallah Hospital



RAKCOPS Representation at International Conferences

- 1 Dr. Bhoomendra Bhongade, Associate Professor, Chairperson (Incharge), Dept. of Pharmaceutical chemistry, delivered a flash talk entitled "Kinase inhibition studies of new imidazo (2,1-b) (1,3,4) thiadiazoles as potential anticancer agents" at 7th International Symposium on Current Trends in Drug Discovery Research, Lucknow, India from February 20-24, 2019.
- 2 Dr. Adil Farooq Wali, Assistant Professor, RAK College of Pharmaceutical Sciences presented a research paper entitled "Protective Effect of Saffron Petals (Crocus Sativus L.) Against Anti-Tubercular Drugs Induced Liver Injury" at The 5th International Symposium on Pharmaceutical and Biomedical Sciences held at Ürgüp (Cappadocia), Nevşehir, Turkey from April 26-28, 2019.



Guest Lectures by Faculty of RAKCOPS

1. Dr. Shahnaz Usman, Professor, Dept. of Pharmaceutics delivered a guest lecture on Research & Diabetes at the 4th LCPC Diabetes Symposium and Poster competition, under the theme of "Bridging the gap between Academia and Pharmacy Practices on March 27th 2019 held at Jinnah University for Women, Karachi, Pakistan.
2. Dr. Syed Arman Rabbani, Assistant Professor from Dept. of Clinical Pharmacy & Pharmacology was the invited Speaker at 2nd Enteral and Parenteral Nutrition" Conference organized by Ministry of Health and Prevention, RAK Medical District, American University, Ras Al Khaimah on 26th March 2019.
3. Dr. Tarun Wadhwa, Assistant Professor delivered a guest lecture on "Pharmaceutical Care Interventions in Diabetes Mellitus." During diabetes conference organized by Ministry of Health and Prevention, RAK Medical District at Cove Rotana, Ras Al Khaimah on 20th April 2019.
4. Dr. Omar Sarheed, Associate Professor delivered a guest lecture on "The Optimal Use of Antidiabetic Dosage Forms - Towards an Integrated Approach." During diabetes conference organized by Ministry of Health and Prevention, RAK Medical District at Cove Rotana, Ras Al Khaimah on 20th April 2019.
5. Dr. Sathvik B. Sridhar and Mr. Atiqulla Shariff, Dept. of Clinical Pharmacy and Pharmacology delivered an invited guest lecture on "Medication Management during Ramadan" during "Health Management during Ramadan workshops" organized by Ministry of Health and Prevention, RAK Medical District at Cove Rotana, Ras Al Khaimah on 4th May 2019.

"I watched a small man with thick calluses on both hands work 15 and 16 hours a day ... who taught me all I needed to know about faith and hard work by the simple eloquence of his example."

-Mario Cuomo



Publications by Faculty of RAKCOPS

1. Tarun Wadhwa, Alkhalil HJ, Shehhl AA. Strengthening Medication Adherence Practices in Chronic Disease Patients-clinical Pharmacist Driven Focused Approach. IJoPP 2019; 12 (2): 70-6.
2. Khan MZ, Sathvik B.S, Gupta PK. Assessment of potential drug–drug interactions in hospitalized cardiac patients of a secondary care hospital in the United Arab Emirates. J Res Pharm Pract 2019; 8:20-4.
3. Fatma Almulla, Sathvik B.S, Gada A, Atiqulla Shariff 'Prospective monitoring of cutaneous adverse drug reactions in a secondary care hospital, UAE'. Int J Res Dermatol. 2019 May; 5 (2): 231-238.
4. Aburamadan HA, Sathvik B.S, Tadross TM. Intensive monitoring of adverse drug reactions to antipsychotic medications in the inpatient psychiatry department of a secondary care hospital of UAE. Int J Pharma Investig 2018; 8:151-6.
5. Al-Naeimi KEA, Sathvik B.S. Assessment of type, clinical characteristics, nature and outcome of poisoning cases in two hospitals of U.A.E. Int J Basic Clin Pharmacol 2019;8:622-8.
6. Al Mulla F, Sathvik B.S, Shariff A, Al Hassan GA. Incidence, nature and causality assessment of cutaneous adverse reactions to cosmetics: a pilot study. Int J Community Med Public Health 2019; 6:1978-83.
7. Alkhalil HJ, Sathvik B.S, Rabbani SA, Omar AA. Intensive Monitoring of Adverse Drug Reactions to Antiepileptic Drugs in Neurology Department of a Secondary Care Hospital in U.A.E. J Young Pharm. 2019;11(2):192-96.
8. Rabbani SA, Sathvik B.S, Rao PGM, Kurian MT, Essawy BE. Use of phosphate binders in end-stage renal disease: An experience from a secondary care hospital in United Arab Emirates. J Pharm Bioall Sci. 2019;11(2):148-154.
9. Rabbani SA, Marzooqi ASMK, Srouji AEM, Hamad EA, Mahtab A. Impact of community-based educational intervention on breast cancer and its screening awareness among Arab women in the United Arab Emirates Clin Epidemiol Glob Health, 2019. <https://doi.org/10.1016/j.cegh.2019.01.008>
10. Kalavathy R, Al Araj SA, Rabbani SA. Prevalence of obesity among adults in Ras Al Khaimah, United Arab Emirates. Int J Res Med Sci 2019; 7:555-560.
11. Mahtab A, Rizwanullah M, Pandey S, Leekha A, Rabbani SA, Verma AK, Aqil M, Talegaonkar S. Quality by Design driven development and optimization of teriflunomide loaded nanoliposomes for treatment of rheumatoid arthritis: An in vitro and in vivo assessments. Journal of Drug Delivery Science and Technology. 2019; 51:383–396.
12. Adil F.Wali, Ahlam Mushtaq, Muneeb U. Rehman, Seema Akbar & Mubashir Hussain Masoodi. Amelioration of Rifampicin and Isoniazid Induced Liver Oxidative Damage and Inflammation Response by Propolis Extracts in Rodent Model, Journal of Biologically Active Products from Nature 2019; 9(1): 57-66
13. Rehman MU, Wali AF, Ahmad A, Shakeel S, Rasool S, Ali R, Rashid SM, Madkhali H, Ganaie MA, Khan R. Neuroprotective Strategies for Neurological Disorders by Natural Products: An update. Current Neuropharmacology 2018; 17(3): 247 – 267.
14. Adil Farooq Wali, Aftab Alam. The effect of different extraction methods on antioxidant capacity and phytochemical screening of Syzygium cumini seeds. Free Radicals and Antioxidants 2019; 9(1):48-51
15. Asra Mansoor, Sakina Fatima, Safila Naveed, Subia Jamil, Hina Rehman & Shahnaz Usman. MRSA: High Incidence of Vancomycin Resistance among Multidrug-resistant Staphylococcus aureus from Outpatients. Lat. Am. J. Pharm 2018 ;37 (12): 2519-24



16. Kashif Ali Safdar, Syed Baqir Naqvi, Shahnaz Usman, Saeed-ur-Rehman and Iyad Naeem Muhammad. Biowaiver studies of Metronidazole tablets (400mg)-An Alternative to in Vivo Bioequivalence Studies. Pak. J. Pharm. Sci 2018; 31(6): 2411-2418
17. Saeeda Bano, Sakina Fatima, Shahnaz Usman, Subia Jamil, Lailoona Jaweed, Amber Nawab. Comparison of Stability of Cetirizine Dihydrochloride in Solid and Liquid Dosage Forms by HPLC Analytical Method. Asian J. Pharm. 2018; 12(3): S1076-83
18. Shahnaz Usman, Rubina Rafiq Ejaz, Kashif Ali Safdar. Formulation development and Optimization of Orally Disintegrating Tablets of Montelukast Sodium by using Design-Expert. Trop J Pharm Res.; 2018; 17(9):1701- 1709.
19. K.V.R.N.S. Ramesh, Hemant Yadav and Omar Sarheed. Safety of Pharmaceutical Excipients and Regulatory Issues. Applied Clinical Research, Clinical Trials & Regulatory Affairs 2018; 6: 1-13



"Working hard for something we don't care about is called stressed; working hard for something we love is called passion."

-Simon Sinek



Farewell to Ms. Sheeba David



Farewell Party

The RAKCON faculty bade farewell to Ms. Sheeba David on 3rd July, 2019



BSN, RNBSN & MSN Farewell party

A farewell party was arranged for the BSN, RNBSN & MSN graduating students. A variety of interesting games and activities lit up the program. As a token of appreciation the Dean RAKCON distributed mementos to all the students.



Student Scientific Conference - Special prize for Innovation

Ms. Huda Mohammad Clinical Instructor and MSN year 2 student was awarded certificate and prize for innovation. She identified an innovative method of developing an air bed sheet for prevention of bedsores.

Emirates Skills National Competition 2019

Two students from RAK College of Nursing, Ms. Muneera Mohammed Abdulla Abduljalil Aljasmi and Ms. Hessa Ahmed Ali Aljawhari Alshehhi participated in the Health and Social Care Competition in the EMIRATES SKILLS NATIONAL COMPETITION 2019 from 15th -17th April, 2019, Dr. Shukri Adam was the judge.





Faculty Professional Development and Retreat

The Faculty professional development and retreat was held from 31st March-4th April, 2019.

On day one, the faculty retreat was organized for all the faculty of RAKCON at Bin Majid Hotel, Ras Al Khaimah. The theme of faculty program was "Past, Present & Future professional journey of the self".

On Day 2 the faculty were divided into groups and the main theme of the day was "Preparation to face challenges regarding 21st century nursing students" in class room and clinical. Each group discussed and presented the challenges they faced.

On the 3rd day the group discussion continued and the theme of the day was innovative teaching learning methodology in 21st century nursing students

Valedictory session was organized on 4th April, 2019, with the honorable presence of the President Dr. G.M Rao. All the members of the RAKCON were appreciated for participating in the faculty development program and the certificate were distributed to the members of the RAKCON who were involved in the faculty development program.

Nurses Day Celebration

TRAKCON celebrated the International Nurses' Day on 23rd April, 2019. The theme of this year was "Nurses- A Voice to Lead - Health for all" this year International Nurses' Day provided three important messages for nurses and policy makers:

1. Nurses save lives and improve health and wellbeing.
2. Nurses are a vital access point to 24/7, birth to death, emergency and ongoing care.
3. Nurses are the foundation to quality affordable accessible care.



Gulf Nurses day celebration

RAKCON received an invitation from Dr. Ahmad Safian, Head of Nursing department, to participate with different activities during The Gulf Nursing day in Fatima College, Abu-Dhabi campus. There were three areas for participation namely; poster presentation, bazar and drama. The dean accepted the invitation and met the staff to encourage students to participate in the activity.

Three groups were formed from the students under the supervision of the faculty and participated in all the activities. Dr. Azza, Assoc. Prof, Ms. Rachel, Lecturer,



Ms. Myrisia & Ms. Nilda Sr. Clinical Instructors accompanied the (SNF) student members. Also Dr. Shukri attended on behalf of the RAKCON dean. The dean received a letter of thanks from Fatima College for the amazing participation of the students.



4th RAKCON Scientific Nursing Conference

The 4th RAKCON Scientific Nursing Conference was held on 28th February, 2019 at RAKMHSU auditorium, with "GLOBAL ADVANCEMENT IN NURSING" as its theme. The goal of the conference was to disseminate global advancement in nursing in terms of practice, education and administration. Newly constituted committees planned and executed the tasks as a team. The complete documents of the conference was submitted for CPD accreditation to MOHAP and obtained an approval of 4 credit points (MOHAP/CPD/ 19/0304). The stage was set for the conference on 28th February, 2019, with participants arriving to register by 8 a.m. The session began at 9 a.m. and the program consisted of the following topics:



1. Innovations in nursing education - Dr. Priyalatha; Assistant professor, RAKCON, RAKMHSU, UAE
2. Health regulations in Nursing - Dr. Fatimah Al Rifai ; Advisor for Nursing Affairs for MOHAP, UAE
3. Recent trends in Midwifery Dr. Victoria F. Hanson; Assistant professor RAKCON, RAKMHSU- UAE
4. Effective Leadership in Nursing- Dr. Rekha J Ogale; Professor, RAKCON, RAKMHSU- UAE
5. Importance of Nursing Informatics,-Ms. Hana Ibrahim Abu Sharib; Nurse Informatics SEHA, UAE
6. Recent trends in Nursing Administration Dr. Saleh Aqtash; Project D director for SKSH University Ministry of Presidential Affairs (MOPA), The Medical Office (TMO) , UAE,
7. Recent trends in Evidence Based Practice - Dr. Souher El Amouri; Acting Head of Nursing Education Department, Al Rahba Hospital, UAE

The Formal inauguration and felicitation program commenced at 11.00 a.m. The speakers and the moderators were felicitated for their vital contribution to the conference. The other highlight of the day's event consisted of various research presentations as abstracts and posters. A total of 333 participants attended the conference, in which there were 70 nurses (hospital), 5 faculty and 26 students from Higher College of Technology (HCT) Sharjah, 6 faculty and 26 students from Higher College of Technology (HCT) Fujairah. About 200 RAKCON student delegates participated in this conference.

Dr. Yasser E. H Al Nuaimi, Vice Chairman of board of governors was the chief guest. The other dignitaries included the President, the CAO of RAKMHSU along with the deans of various colleges, faculty from other institutions, and the delegates participated. The conference successfully concluded at 4.30 pm with a sense of commitment to conduct many more of them.

RAKCON participates in the official Launch of "Nursing Now"- Dubai

UAE Ministry of Health & Prevention launched the 'Nursing Now' campaign on 25th February, 2019.

Nursing now runs in Collaboration with the International Council of Nurses (ICN) and the World Health Organization (WHO). The Dean of College of Nursing and a faculty with 10 students participated this event.



"Working hard for something we don't care about is called stressed; working hard for something we love is called passion."

-Simon Sinek



Conversion Program 2019



Nursing development is one of the top priorities of UAE. RAKCON is very actively involved in Emiratization program and a Conversion Program is partially conducted to encourage the Emirati students to join the profession of nursing. The 7th Batch of students of Conversion Program was inaugurated on 12th February, 2019.

Community Activities by the Office of Student Affairs

On behalf of the Office of Student Affairs, Mrs. Carol Mathias, Senior Lecturer – Psychology & Senior Student Counselor, conducted the following community services:

1. A workshop on 'Managing the emotional needs of children with Special Educational Needs and Disabilities in an inclusive classroom' for the teachers of Kindergarten to Grade 4 of Indian Public High School, Ras Al Khaimah on 4th July 2018. This interactive workshop provided the teachers with skills to address 'SEND' needs & conflicts in the classroom. It also provided them with strategies to manage the emotional needs of children with 'SEND' and develop their emotional intelligence.
2. A guest lecture on 'How to manage exam anxiety: Destress your distress' for school students and their parents in the community of Ras Al Khaimah on 16th February 2019. This interactive lecture was a joint venture of CEDAR, RAKMHSU and Samanwaya, a cultural organization in Ras Al Khaimah. It was organized in the RAKMHSU premises, and consisted of creating awareness of the ill-effects of exam anxiety and providing ways to manage exam anxiety and stress in order to enhance performance at exams.
3. A guest lecture on 'Dream big, achieve bigger' on the occasion of International Women's Day – 2019 for women in the community of Ras Al Khaimah on 10th March 2019. This interactive session was attended by about 40 women of Ras Al Khaimah, from various walks of life. It was organized in the RAKMHSU premises with the aim of empowering women to dream big and realize their dreams through proper planning, implementation of goals and a healthy lifestyle.





7th RAKMHSU Mini Marathon 2019

The 7th RAKMHSU Mini Marathon was conducted on 5th February, 2019. More than 150 participants from RAKMHSU Students, staff and faculty along with RAK universities and Determination Club – RAK were welcomed. The Chief Guest Col. Ahmed Alsaam, Director of Traffic Department – RAK Police graced the event.



Clockwise from top left: Col. Ahmed Alsaam, Director of Traffic Department – Rak Police, with the President Dr. G.M. Rao and the winner, H. E. Mr. Salem Rashid Al-Maftoul Al Ali- Chairman RAK Club for People of Determination with his group, participants of the marathon and Manager of Sports Dr. Mohammed Al Magd with the participants.

5th Sports Championship Competitions



The 6 games Competition was held from 10th-14th February, 2019. Male & female students participated enthusiastically and won the championship title. The Championship title competition for faculty and staff was also conducted.



3rd National Football Tournament 2019

Under the guidance of UAE National Olympic Committee. RAKMHSU hosted 9 universities' participants from UAE for the Tournament on 7th March, 2019. The tournament was held at indoor football stadium at RAKMHSU sports complex, H.E Mohamed Saeed Bin Darweesh – Executive Director of UAE Olympic Committee and Col. Fahad Jumaa the Coordinator of UAE Sports RAK were the Chief Guests for the tournament.



Top right: H.E Mohamed Saeed Bin Darweesh Executive Director of UAE Olympic Committee and Col. Fahad Jumaa the Coordinator of UAE Sports RAK, From the left: Winner with the president, Dr. G. M. Rao, Guest team with the president and Sports Manager Dr. Mohammad Al Magd, participating teams, teams at work, students cheering the players.



Sports for Charity

A friendly, fund raising charitable Football & Basketball match between RAKMHSU Teams and GEMS Westminster School-RAK students was held on 24th January, 2019, at RAKMHSU Sports Complex. The raised fund was donated to Emirates Red Crescent- RAK Branch.



Clockwise from top left: Pic 1: Ms. Shaikha Al Khatri, Member of Al Rahama Charity Society, pic 2: Mr. Akram Tarik – Principal & CEO GEMS Westminster School RAK with the President, Dr. G.M. Rao, Pic 3 team of GEMS Westminster School RAK, pic 4: Mr. Saeed Darwash Head of Secondary GEMS Westminster School-RAK, (Next to Dr. Manal, Dean-Student Affairs, RAKMHSU)

“A Dream come true”



Mrs. Sabira Banu,
Executive Assistant –
Student Affairs.

This year was a remarkable year for me. “Year of Tolerance” was truly embodied by an example set by the royal family of Ras Al Khaimah.

During mid of Ramadan, it was an ordinary day for me at work, but it turned out to be an extra ordinary one, when I saw my name in the female guest list of RAKMHSU employees, who were invited to the Al Dhaith Palace of Ras Al Khaimah, to a meet and greet session with Her Highness Sheikh Hana bint Juma Al Majid (Wife of His Highness Sheikh Saud bin Saqr Al Qasimi) Supreme Council Member and Ruler of Ras Al Khaimah, UAE.

A group of RAKMHSU female representatives visited the Palace. The warm welcome and the hospitality of Her Highness Shaikh Hana bint Juma Al Majid and the Palace staff made us feel comfortable. I cannot express the joy experienced during this visit. Moreover, I was not only

impressed by the beauty and ambience of the palace but also by the beautiful hearts of the royals, their simplicity and the ease with which they mingled with the commoners, giving equal importance to every individual in spite of different nationalities and cultural backgrounds present in that Majlis. It was a fruitful evening, meeting several successful women exchanging thoughts and ideas and listening to their experiences.

The message of “Year of Tolerance” is to maintain the harmony at any place, was perfectly exemplified by this meeting. I will cherish these moments throughout my life.

I would like to thank my superiors for giving me this opportunity.



Patron:



H.H. Sheikh Saud Bin Saqr Al Qasimi
Ruler of Ras Al Khaimah &
Supreme Council Member, UAE

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